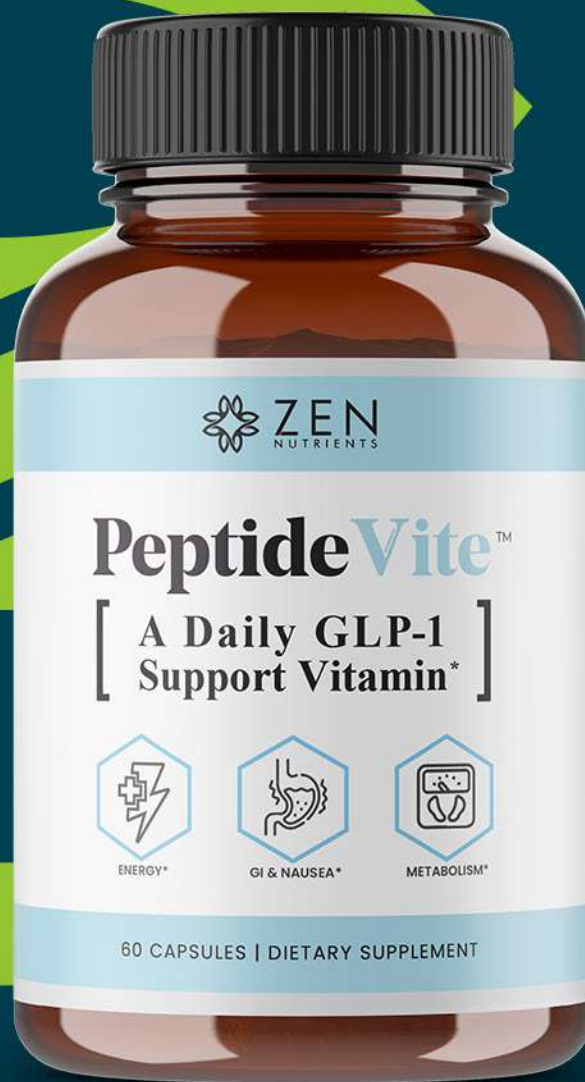




# PeptideVite™ PRODUCT GUIDE

#1 Daily GLP-1 Agonist  
Support Vitamin\*



**PeptideVite™**

[ A Daily GLP-1  
Support Vitamin\* ]



ENERGY\*









GI & NAUSEA\*



METABOLISM\*

60 CAPSULES | DIETARY SUPPLEMENT

# PeptideVite™

-  Supports energy levels\*
-  Aids in nausea & abdominal discomfort\*
-  Supports weight loss/weight management\*
-  Promotes better metabolism \*
-  Promotes adherence to GLP-1 Peptide therapy
-  Supports muscle mass increase\*

Supplement Facts		
Serving Size: 1 Capsule   Servings Per Container: 60		
	Amount Per Serving	%DV
Thiamin (as Thiamin HCl)	2mg	167%
Vitamin B6 (as Pyridoxal-5-Phosphate)	4mg	235%
Folate (as L-Methylfolate Calcium)	800 mcg DFE	200%
Vitamin B12 (as Methylcobalamin)	2mcg	83%
Magnesium (as Magnesium Malate)	50mg	12%
Chromium (as Chromium Picolinate)	400mcg	1143%
Potassium Citrate	30mg	<1%
Sodium (from Himalayan Salt)	20mg	<1%
Coenzyme Q-10 (Ubiquinone)	100mg	**
<b>Proprietary PeptideVite™ GI Matrix</b>	397.5mg	**
Organic Ginger Extract ( <i>Zingiber officinale</i> )(Root), Bromelain (1.75 GDU), Papain (0 TU), Lemon Balm Extract ( <i>Melissa officinalis</i> )(Aerial Parts), Peppermint piperita)(Leaf), Organic Licorice Extract ( <i>Glycyrrhiza (Mentha x glabra)</i> )(Root), Soy Lecithin ( <i>Glycine max</i> )(Bean) (40% Phosphatidylcholine), <i>Lactobacillus gasseri</i> (50 Million CFU)*		
**Daily Value not established.      *At the time of manufacture.		

 Supports positive energy, aids in metabolism enhancement

 Key electrolytes for energy and metabolism

 Supports nausea

Key enzymes to improve digestion and metabolism



 Supports energy and bowel regularity

 Abdominal discomfort, gas and reflux

Probiotic for gut health and weight loss support



**Other Ingredients:** Hypromellose (Capsule), Silicon Dioxide, Rice Flour, Magnesium Stearate.  
Allergen: Contains Soy.



### B12 (methylcobalamin)

Bioavailable form of B12 used to metabolize carbs, proteins, and fats, which your body converts into energy.



### L-Methylfolate

Bioavailable form of folic acid, used to help with mental fatigue, irritability and boost energy.



### Pyridoxal 5'-phosphate (Vitamin B6)

Bioavailable form of B6, used to help with nausea, headaches and energy production.



### Thiamine (B1)

Is an important cofactor in glucose metabolism and helps the body cells convert carbohydrates into energy.



### Chromium Picolinate

Works together with insulin produced by the pancreas to metabolize carbohydrates and aid food craving reduction.



### Coenzyme Q10 (Ubiquinone)

Helps improve exercise performance by supporting mitochondrial function, decreasing oxidative stress, and reducing fatigue.



### Magnesium Malate

Highly absorbable essential mineral used to support energy production, improve exercise performance, aid in healthy metabolism and supports bowel movement.

# KEY — QUALITY — INGREDIENTS



### Himalayan Pink Salt Powder (Sodium Chloride)

Pharmaceutical grade sodium electrolyte used to replenish lost electrolytes, while detoxing the body and kidneys.



### Potassium Citrate

Highly bioavailable form of potassium to help with electrolyte balance



### Organic Ginger Root Extract

Biologically active ingredient zingiber officinale is highly effective for gastrointestinal disorders, such as dyspepsia, abdominal pain, and nausea.



### Bromelain

Key ingredient found in pineapples used to improve digestion and aid in proper bowel function.



### Papain Enzyme

Derived from papayas, a natural digestive enzyme that helps break down the food you eat so that you can properly digest and absorb the nutrients from that food. They also help relieve symptoms such as bloating, constipation, and gas.



### Lemon Balm (Melissa officinalis) Extract

Bioavailable form of B12 used to relax and soothe spasms thanks to its antispasmodic effects, plus assists with discomfort from indigestion.



### Peppermint (mentha piperita) Leaf Powder

Natural herb that may relieve digestive symptoms, such as gas, bloating, and indigestion.



### Organic Licorice Extract (root)

Potent antioxidant that supports acid reflux.



### Lactobacillus gasseri

Probiotic that plays a clinically validated role in abdomen weight reduction and supporting proper gut health.

# PeptideVite™ FAQS

## **What makes PeptideVite™ so amazing?**

Physician and Pharmacist formulated with research-backed natural ingredients to aid patients using Glucagon-like peptide-1 receptor agonists. PeptideVite™ is specifically formulated with a liposomal proprietary blend of 17 key vitamins, minerals, and herbs in optimal & bioavailable dosage. Clinically crafted to promote a reduction in side effects, promote adherence and support an improvement in clinical outcomes.

## **Why is PeptideVite™ highly recommended when using GLP-1 Agonists such as semaglutide?**

Commonly when using a GLP-1 Agonist such as semaglutide, patients will experience the following side effects; nausea, gastrointestinal pain, excessive gas, stomach discomfort, acid reflux, vomiting, diarrhea, and especially fatigue (tiredness). PeptideVite™ was clinically crafted to promote a reduction of side effects. By reducing side effects, it will naturally promote better health outcomes and results while using a GLP-1 Agonist\*.



### **What can PeptideVite™ help with?**

- ✓ Supports positive energy levels\*
- ✓ Aids in chronic fatigue \*
- ✓ Aids in nausea & abdominal discomfort\*
- ✓ Supports weight loss & weight management\*
- ✓ Promotes better metabolism\*
- ✓ Supports muscle mass increase\*
- ✓ Promotes adherence to GLP-1 peptide therapy\*

### **How long will it take to see results?**

Every patient is different, but some will notice immediate relief from PeptideVite™, especially related to nausea and abdominal gas. While most others it may take 3-4 weeks of continual usage before noticing a difference. The key ingredients take time to build up in your body in order to be optimally effective. We recommend using it once daily and avoid skipping doses. Continue using Peptide daily while on GLP-1 agonists therapy to achieve best results\*.

### **What time of the day should I use PeptideVite™?**

The best time to use it is in the morning with or without food.

### **How long should I continue to use PeptideVite™?**

As long as you are using a Glucagon-like peptide-1 receptor agonist, you should continue to use Peptide Vite™? PeptideVite™ works synergistically to optimize therapy.

### **Is PeptideVite™ safe to take with my other prescription medications?**

PeptideVite™ is a safe and natural product\*. If you are not sure of any drug interactions, please check with your pharmacist and healthcare provider. When checked in the Medscape drug interactions checker there were no known interactions.

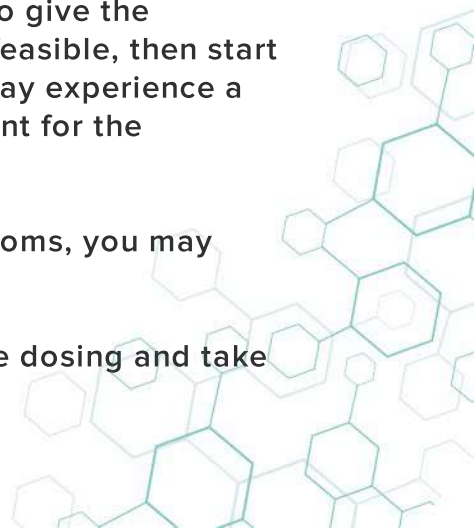
Cautions: If routine hypoglycemia or any unusual side effects occur we recommend discontinuing this product immediately and contacting your medical provider.

### **How to use PeptideVite™?**

**Initial Dosing:** Take one capsule daily, in the morning with 6-8 oz of water. We recommend starting 4 weeks prior to GLP-1 agonists therapy to give the supplement adequate time to build up in your body. If that is not feasible, then start using PeptideVite™ right away. While using a GLP-1 agonist, you may experience a rollercoaster of side effects at different times. It's best to be patient for the supplement to work\*.

If after 2 weeks, you have not seen an improvement in your symptoms, you may increase to 2 capsules, once daily.

After your gastrointestinal side effects have subsided, then reduce dosing and take one capsule daily.



**What if I have been regularly using Glucagon-like peptide-1 receptor agonist, is there any benefit to starting PeptideVite™**

Yes absolutely, PeptideVite™ not only helps with gastrointestinal related side effects, but the liposomal formula provides key vitamins, minerals and herbs that are important to support energy, promote lean muscle growth, and aid in metabolism support which are necessary as you continue using GLP-1 peptide therapy.

**What ingredients in PeptideVite™ help with nausea & stomach discomfort?**

It's a Proprietary Bioavailable GI Matrix that contains Organic Ginger Root Extract, Bromelain, Papain Enzyme, Lemon Balm (Melissa officinalis) Whole Leaf Extract, Peppermint (mentha piperita) Leaf Powder, Organic Licorice Extract (root), Phosphatidylcholine, Lactobacillus Gasseri. These are the key ingredients that are synergistically promoting relief from dyspepsia, acid reflux, and nausea\*.

**What ingredients in PeptideVite™ help with energy and fatigue?**

B12 (methylcobalamin), L-Methylfolate, 5'-Pyridoxal Phosphate, Thiamine (B1), Coenzyme Q10 (Ubiquinone), Magnesium Malate are highly absorbable and bioavailable forms that aid to metabolize carbs, proteins, and fats to provide necessary energy production and to improve symptoms of fatigue\*.

**What ingredients may support weight loss?**

Chromium Picolinate & Lactobacillus gasseri. Chromium picolinate works together with insulin produced by the pancreas to metabolize carbohydrates and aid food craving reduction. In addition, Lactobacillus gasseri is a key probiotic that plays a clinically validated role in abdomen weight reduction and supporting proper gut health\*.

**Why is a small amount of sodium and potassium included in the formula?**

They are both key electrolytes used to help your body function normally by maintaining fluid and blood volume, which are helpful to provide energy and improve metabolism\*.

**Do physicians often recommend using supplements while using GLP-1 peptide therapy such as Ozempic® (semaglutide) and Mounjaro® (tirzepatide)?**

Yes, supplements aid in combating side effects associated with injectable or oral GLP-1 peptide therapy. For example, several research studies note that Vitamin B12 (Methylcobalamin) aids in the treatment tolerance with GLP-1 agonists. Two of the most common adverse side effects of Ozempic® (semaglutide) are nausea and hypophagia\*.



**Are there any major interactions or contraindications of using Glucagon-like peptide-1 receptor agonists such as Ozempic® (semaglutide) and Mounjaro® (tirzepatide) with PeptideVite™?**

There are no known interactions. The ingredients in PeptideVite™ have been cross-checked in the May 2023 Medscape drug interactions checker with no known interactions. There is a caution of hypoglycemia associated with Chromium, an ingredient in PeptideVite™. Avoid taking any of these herbal supplements in combination with Glucagon-like peptide-1 receptor agonists, as they may increase your risk of hypoglycemia:



Prickly pear cactus



Bitter melon



Gymnema



Banaba



White mulberry



# WHY ZEN NUTRIENTS?

They say pharmacists are one of the most trusted professionals in the world. Well then, if you take the trust and wisdom of a pharmacist, combine that with the knowledge and expertise of a physician, this equals Zen Nutrients.



High Quality  
& Third Party Tested



Made in a CGMP & FDA  
USA Registered Facility



Pharmacist & Physician  
Formulated



Research Backed  
Clinical Ingredients





# MOTTO & MISSION

Heal from within. We strongly believe in the power of natural medicine and have witnessed the health benefits of the holistic approach. Our mission is to improve health outcomes, reduce healthcare costs and simply create zen in your body by addressing the root cause.

## RESEARCH AND SCIENCE BACKED INGREDIENTS

-  Pharma Grade Ingredients
-  Bioavailable Ingredients
-  Organic Ingredients
-  Made in the USA
-  Non-GMO and Gluten-Free
-  FDA Facility Products





If you have any questions or would like to share your experience with our team, please feel free to send us a message.

**We love hearing from you!**

[support@zennutrients.com](mailto:support@zennutrients.com)



**\*Disclaimer:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure or prevent any disease.